

## Life Skills @ Sancroft



## Keeping your child safe in the Modern World





Damian Hinds - Conservative MP

# Former Secretary of State Foreword

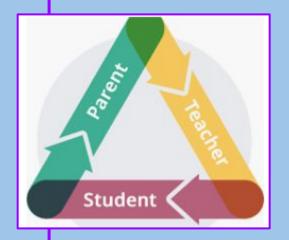
"Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment children and young people need to know how to manage their academic, personal and social lives in a positive way".



## Life Skills @ Sancroft



 The curriculum and lessons are being developed with evidence based resources, extensive training, student, parent / carer, and governor consultation as well as an understanding of our local health data.







# **Harleston Sancroft Academy - RSHE**

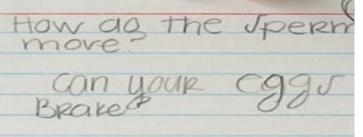
### **Vision Statement**

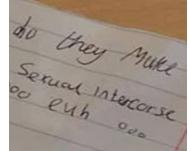
Our Relationships, Sex and Health Education curriculum equips all our students with the knowledge, values and skills to live life in all its fullness.

Our curriculum creates and changes life chances for students, whatever their background. Within RSHE at ASHS we want to ensure all our students feel safeguarded, happy and healthy.



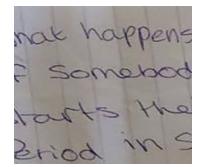
# How questions will be answered...







Questions can be submitted confidentially to an 'Ask it Basket'. The teacher can then read them and answer appropriately.





Life Skills represents a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others', wellbeing and attainment and help young people to become successful and happy adults who make a meaningful contribution to society.

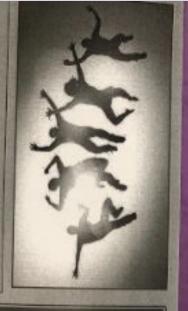


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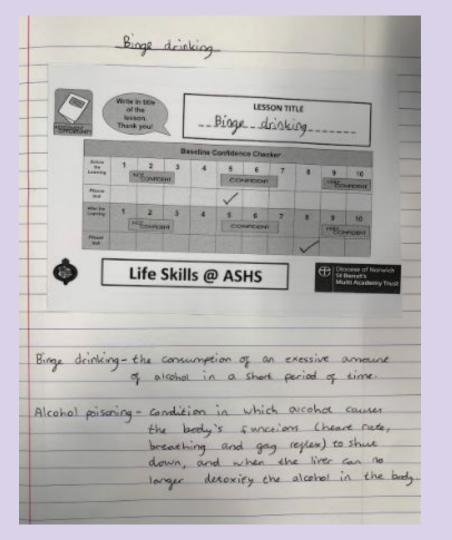
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	agreement	18th September 2
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use the scientific term	No shouting out	appropriate



Orline Frond

16th October 2020



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### LESSON TITLE

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### Life Skills @ ASHS

Discove of Norwich 5s Benet's Multi Academy Trust

Phishing - fraudulant practice of sending emails purporting to be from reputable comparise in order to induce individuals to reveal personal information.

Fraud - wonged or criminal deception intended to result in financial or personal gain.

Cybercrime - criminal activities carried out by meant of computers or the internet.

Stress Maragement

Friday 25th November





#### LESSON TITLE

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### Life Skills @ ASHS



How can we keep good mental health and cape

Storter

successfully with stress?

Label these common mental health symptoms - one they symptoms of stress, depression or both?



What exactly is stress? How does it make us feel? It stress always bed for us, or can a small amount be beneficial? Explain. Market health-line phenial health, a recome of low will a person is, got in the moderated of their lade.

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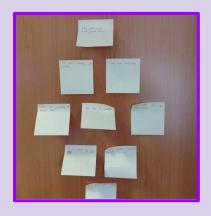
Stress— treatments.

preyenson.

### Life Skills at Sancroft

- Let's develop a classroom working agreement:
- Any ideas?
- Let's make a diamond nine!





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