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(Hons)

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Value for this half term: Faith

Theme for this week (15 - 19 July 2024): Grace enables faith

Life Skills theme for the week: We believe we can make a difference



Our Vision

The Harleston Sancroft Academy is a community that flourishes, through God's love, to live

'Life in All its Fullness'.

(JOHN 10:10 AND JOHN 13:34).

We are a foundation of **Hope**; a family of **Love**; a school of nurture guided by **Faith**; promoting a unique, personalised journey towards excellence.

This week we are delighted to welcome back our **Year 10 students - the Class of 2025** - following their Work Experience placements last week, plus the **Year 6s**, our new Year 7s, who will be joining the Sancroft secondary phase for the last week of term.



We are all so excited to have both the oldest and youngest secondary phase students with us as they begin the next part of their educational journeys.

Year 10 will have a **Work Experience reflection session** where they look back on last week and consider what they have learned about themselves, their strengths and areas for development - and what they now know about future direction and career plans.

Once again, thank you very much to parents / carers and Sancroft staff for supporting this process - and, of course, huge thanks to all the employers in the Harleston area, and further afield, who provide this important opportunity.

Life in All its Fullness: last week, although there were fewer students in school, it was still busy with UEA's Get Active Festival, Year 7 'A Game' Winners Event, the Nurture Awards Ceremony hosted by Mr Middleton and Ms Cook.





Summer activities: The summer holidays are now just five school days away and we know that many families are keen to find ways to entertain their children.

Have a look at the 'Big Norfolk' programme for summer holiday activities that runs from the end of July to early September.

Run in partnership with Norfolk County Council, the programme of holiday activities is for children and young people aged 5 -16 in Norfolk (or aged 4 if the child is in school.) Children eligible for means-tested free school meals can claim free spaces on the activities, whilst paid spots are available on most activities for those who don't.

Families are encouraged to visit <u>Big Norfolk Holiday Fun on Active Norfolk</u> to search and book activities.

There are some ideas for free or lower cost activities in Norfolk: <u>Activities in and around Norwich</u> and <u>Tripadvisor free</u> in Norfolk.

Here are some <u>other activities</u>, with various associated costs, in this area.

Premier Education have asked us to share the following so that families have time to consider planning ahead as regards childcare and holiday activities: Premier Education - Summer 24





Staying safe online: With additional holiday time on their hands, now is a key time to remind young people about staying safe online. The information shared in an attached pdf is for parents, carers and those working in education; it is well worth reading and discussing at home.

Lockers: As we enter the last week of the school year, please remind your child that their **locker must be completely emptied** before the end of term to enable servicing and cleaning to take place. This is the case for all lockers, including where a student will continue to have the locker next year.

Lost property: Students who have mislaid clothing or other items are reminded to check the lost property bin. Items in lost property are being displayed on the slope by the Hall during the last week of term. Unclaimed

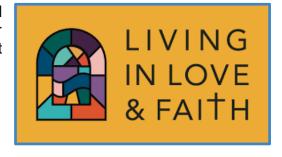


items will be donated to charity or repurposed from Friday 19

Key event: W/b 15 July: Y10 students return to school - and Y6s join the secondary phase

On X/Twitter and elsewhere, you might have seen the following post: The Church of England @churchofengland

Did you know our Daily Prayer audio services were downloaded over 3.5 million times in the past year? The latest version of our free app now has services for 2024. Download http://cofe.io/DailyPrayerApp.





Prayer for the summer ahead: Lord God,

We put ourselves into Your hands, and pray that You will bless us, our friends and our families during the wonderful months of summer.

May we all help make our home a place of relaxation, joy, love, peace and safety. May we be generous and considerate, not thinking only about ourselves, but

helping others enjoy the blessings of the summertime. We ask this through Jesus Christ, our Lord.



If you require any help or support over the summer holidays, please see the information below:

If you have a safeguarding concern, please contact CADS on 0344 800 8021 (if you live in Norfolk) or Customer First on 0808 800 4005 (if you live in Suffolk). If something doesn't feel right and you are worried or concerned, tell someone.

- ⚠If you are in immediate danger call 999 / 🧟 Non-emergency Police 101
- Non-emergency health 111 (Mental health concern? Press option 2)
- Help with Living Costs Norfolk Assistance Scheme can help you get support and financial assistance for food, energy, water, and other household essentials including white goods
- Foodbank Waveney Food Bank. Details about how and where to access food supplies
- Quest One Norfolk is our single point of access for Norfolk & Waveney Children & Young People's Health Services. This includes; the Norfolk Healthy Child Programme and Norfolk & Waveney Children's Speech and Language Therapy Service. Call 0300 300 0123

Parentline is our text service for parents and carers to get in touch about any parenting questions or concerns. Text 07520 631590

The <u>Just One Norfolk</u> website has trusted help, advice and information during pregnancy, birth and throughout your parenthood journey.

- ECOP help children stay safe online. If anybody acts inappropriately towards your child online (such as sexual chat, or being asked to do something that makes them feel uncomfortable); you can report it here.
- Qwell Free digital mental health support for adults across the UK.

Support for Young People:

Mealth, wellbeing, and self-care for young people. Created by Norfolk and Young People's Health Services,

FYI offers information, advice and quizzes for ages 11-24, covering a variety of topics such as health, life, education, friendships, relationships, emotional wellbeing, home / family life. Visit www.fyinorfolk.nhs.uk/

ChildLine - ChildLine is a free, private and confidential service that you can access online and on the phone. Call 0800 1111.

ChatHealth - ChatHealth is a secure NHS approved text messaging service for 11- 19 year olds. You can chat about a mental or physical health worry. Text 07480 635424 or visit www.chathealth.nhs.uk to start a webchat.

Shout - 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258.

Wooth - free, safe and anonymous online mental health support and counselling. https://www.kooth.com/